

# Marriage Builders

## Engaged Weekend is



- Catholic in orientation but open to all couples desiring a richer, fuller life together

- An engaging mix of practical, spiritual, and theological presentations led by a team of married couples and a priest. Presentations are followed by group or couple time and activities to apply what you have learned!



- A time away from the distractions of busy lifestyles

### IN THE PROGRAM YOU'LL GET...

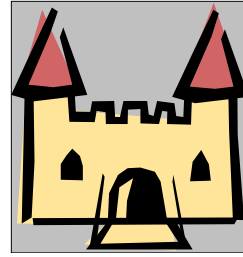
- ◇ Liturgy Session to plan your wedding
- ◇ Tools for good communication
- ◇ Ways to Pray together
- ◇ Quality time with caring married couples
- ◇ Instruction in Natural Family Planning
- ◇ 2-3 hours of prayer and fellowship
- ◇ Guidance in Stewardship and finances
- ◇ 10 hours of dynamic lectures and interactive discussions
- ◇ Individual couple time
- ◇ Church teaching on marriage & family
- ◇ A booklet full of activities and discussion questions to continue with after the weekend is over.



### Marriage Preparation Process?

You'll gain the practical tools and theological foundations to build a strong marriage.

## Laying a Foundation for your Marriage



*Root your Marriage in Christian Principles*

- \*Identify the cornerstone of your future marriage.
- \*Lay the foundation on which your marriage will be built.
- \*Understand the Redemption of Man and Woman in Christ.
- \*Learn how Natural Family Planning safeguards a marriage

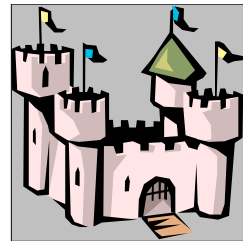
## Carving your Fortress into the Rock



*Evangelization*

- \*Unfold the Blueprints for a Christian marriage
  - The Church's teaching on Human Sexuality
  - Sacramentality of marriage
  - The canonical promises of marriage

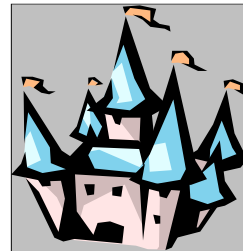
## Building a Palace that's a HOME



*Stewardship / Prayer/ Responsibility*

- \*Plan your future together: children, goals, expectations
- \*Use your financial resources to build your castle and God's Kingdom
- \*Strengthen your communication and foster a prayer life together
- \*Understand Christ's plan for your marriage

## Exploring your Castle



*FOCCUS, Communication, Family of Origin*

- \*Discover what each other brings to the marriage
- \*Explore the rooms and corridors of your relationship
  - Dignity of each person; Strengths & Problem areas
  - Which of these rooms needs cleaning?
  - Which rooms are locked, keeping Christ out?

## Defending your Fortress



*Develop a plan to protect and strengthen your marriage*

- \*Practice ways of honoring the other and communicating better
- \*Learn how children are a blessing and safeguard to marriage
- \*Identify a plan for support and on-going Christian formation

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# REGISTRATION

To register either call the parish or detach and complete this form; Mail or deliver it along with your fee to



## **Marriage Builders**

C/O St. Frances Cabrini  
6673 W. Chatfield Ave.  
Littleton CO. 80128  
303-979-7688, Fax 303-972-8566

Make checks payable to  
**St. Frances Cabrini Church**

Bride's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Religion: \_\_\_\_\_

Groom's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Religion: \_\_\_\_\_

Wedding Date: \_\_\_\_\_

Date of Weekend to attend: \_\_\_\_\_

Location of Wedding: \_\_\_\_\_

Wedding Paperwork Prepared at:

\_\_\_\_\_ Parish

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# THE WEEKEND

## **UPCOMING DATES**

August 21, 22, 23, 2009

February 5, 6, 7, 2010

May 14, 15, 16, 2010

## **WEEKEND SCHEDULE**

**Friday**

6:30-10:00 p.m.

**Saturday**

8:00 a.m. -7:00 p.m.

**Sunday**

8:00 a.m. -12:30 p.m.

## **Cost:**

\$ 150.00 per couple (if parishioners)

\$ 200.00 per couple (if non-parishioners)

**\*50% deposit due now to hold your reservation**

The fee covers all handouts, breakfasts, lunch on Saturday, activity guide, snacks and refreshments.

## **Location**

St. Frances Cabrini Parish  
6673 W. Chatfield Ave.  
Littleton, CO. 80128

*For this reason a man shall leave his father and mother and be united to his bride and the two shall become one flesh. This is a profound mystery, and it refers to Christ and the Church (Eph 5:31,32.)*

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# **Marriage Builder Engaged Weekend**

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A truly useful and Catholic marriage preparation program



*Anyone who comes to me and listens to my words is like the man who, in building his house, laid the foundation on ROCK! -Jesus (Lk. 6:47-48)*